

# Leggings With Foot

By Denny Kelly

4 ply (fingering) yarn  
3.25 mm (US 3) needles

## RIGHT LEG

**Cast On 50 Sts.**

1<sup>st</sup> To 3<sup>rd</sup> Row: Knit  
4<sup>th</sup> Row: (K1, yo, K2 Tog) across  
5<sup>th</sup> To 8<sup>th</sup> Row: Knit  
9<sup>th</sup> Row: K10 Turn P10  
10<sup>th</sup> Row: K20 Turn P20  
11<sup>th</sup> Row: K30 Turn P30  
12<sup>th</sup> Row: K40 Turn P40

\*Continue in stockinette (ss) increasing 1 each end every 6<sup>th</sup> row until 58 sts

Continue in ss until front edge measures 5" or length required

Cast off 2 sts at beg of the next 2 rows

Decrease 1 each end every row until 44sts remain

Decrease 1 each end every other row until 33sts remain

Continue in ss until measures 9" **from side of leg** wrong side facing

1<sup>st</sup> row: knit

2<sup>nd</sup> row: (k1, yo, k2 tog) across

3<sup>rd</sup> row: knit

Knit 6 rows (right side facing)\*

## **Shape instep**

1<sup>st</sup> row: k30 turn\*\*

2<sup>nd</sup> row: k11 turn

Knit 10 rows garter st on these 11 sts.

Knit up 5 sts evenly from edge knit to end

Next row knit then pick up 5 sts evenly on the other edge and knit to end of row 43sts

Knit 5 rows\*\* (right side facing)

## **Foot**

1<sup>st</sup> row: k7, sl1-k2tog-pssso, k18, sl1-k2tog-pssso, k12

2<sup>nd</sup> and alt rows: knit

3<sup>rd</sup> row: k6, sl1-k2tog-pssso, k16, sl1-k2tog-pssso, k11

5<sup>th</sup> row: k5, sl1-k2tog-pssso, k14, sl1-k2tog-pssso, k10

7<sup>th</sup> row: k4, sl1-k2tog-pssso, k12, sl1-k2tog-pssso, k9

27sts

knit one row

cast off



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## **Left leg**

First 8 rows same as right leg

9<sup>th</sup> row: knit

10<sup>th</sup> row: p10 turn k10

11<sup>th</sup> row: p20 turn k 20

12<sup>th</sup> row: p30 turn k30

13<sup>th</sup> row: p40 turn k40 continue from \* to\*

## ***Shape instep***

1<sup>st</sup> row k14 turn

Work as from \*\* to\*\*for right leg

## ***Foot***

1<sup>st</sup> row: k12, sl1-k2tog-pssso, k18, sl1-k2tog-pssso, k7

2<sup>nd</sup> and alt row: knit

3<sup>rd</sup> row: k11, sl1-k2tog-pssso, k16, sl1-k2tog-pssso, k6

5<sup>th</sup> row: k10, sl1-k2tog-pssso, k14, sl1-k2tog-pssso, k5

7<sup>th</sup> row: k9, sl1-k2tog-pssso, k12, sl1-k2tog-pssso, k4

27 sts

knit one row

cast off

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