

# Just Your Basic Baby Socks

for preemies - toddler

(adjustments for larger sizes appear in parenthesis)

## needed:

### baby yarn:

size: medium/large preemie  
2.0 mm (US 0) dpns  
1/4 oz baby yarn  
gauge: 19 st/25 r = 2"

### DK yarn:

size: newborn/3 months  
2.75 mm (US 2) dpns  
1/2 oz dk-weight yarn  
(gauge: 17 st/20 r = 2")

### worsted weight yarn:

size: toddler  
4.25 mm (US 6) dpns  
1 oz worsted weight yarn  
gauge: 9 st/12 r = 2"

all yarn requirements  
are approximate

needle size may need to be adjusted  
in order to achieve gauge

yarn in photo: Bernat Baby Softie (white)/Paton's Astra (multi)



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## abbreviations:

*dpns* : double point needles

*incr* : make a new stitch using an Simple Cast On (backwards "e" or thumb cast on)

*k*: knit

*k2tog*: knit 2 stitches together as one

*ndl(s)*: needle(s)

*p*: purl

*p2tog*: purl 2 stitches together as one

*rnd(s)*: round(s)

*sl X*: slip X stitch(es), purlwise and with yarn in back, unless otherwise noted

*ssk*: slip 2 stitches, separately and knitwise, then knit them together through their back loops

*st(s)*: stitch(es)

*TBL*: through back loops

*W&T*: wrap & turn

## toe-up socks:

cast on 12 (16) sts (6 (8) on each of two ndls).

**EASY CLOSED END CAST ON:** hold the 2 ndls parallel to each other. use a Simple Cast on, placing one st on the left, the 2nd on the right and so on.

1: k around. first row only, split sts onto 3 ndls 6/3/3 (8/4/4)

2: **ndl 1:** k1, inc 1, k to last st, inc 1, k1

**ndl 2:** (sole): k1, inc 1, k across

**ndl 3:** k to last st, inc 1, k1

repeat rnds 1 & 2 until there are a total of 24 (32) sts on the ndls --

**ndl 1:** 12 (16) **ndl 2:** 6 (8) **ndl 3:** 6 (8)

3: knit 10 (15) rnds, or to desired length minus about 1/2" (1" for toddler sizes) for heel.

## short row heel

1: k across ndl 1. k across ndls 2 & 3 until last st. Bring yarn to front as if to purl, then slip st. (1 wrap created -- on purl rows, take yarn to back as if to knit before slipping st). Turn. (remainder of heel will be worked on sole ndls only)

2: slip just-wrapped stitch. p across sts to last st. W&T.

3: slip just-wrapped stitch. k next 9 (13) sts. W&T.

4: slip just-wrapped stitch. p next 8 (12) sts. W&T.

continue in progression, working one less k or p each turn, until 6 (8) sts remain unworked in the center

## heel turning:

1: slip just-wrapped stitch. k 6 (8), W&T (wrapped st will have 2 wraps)

2: slip just-wrapped stitch. p 6 (8), W&T, turn.

3: slip just-wrapped stitch. k 7 (9), W&T, turn.

4: slip just-wrapped stitch. k 8 (10), W&T, turn continue in progression, working one more k or p each turn, until all heel sts have been worked.

## leg/finishing:

knitting on all ndls again, knit 2 rnds. You may want to redistribute the sts at this time  
ndl 1: 8 (10) ndl 2: 8 (12) ndl 3: 8 (10)

work in stockinette (knit all rnds) until leg is desired length minus 1" (2" for toddlers)

work 6 rnds (12 for toddler sizes) of k2, p2 ribbing.

cast off in ribbing.

## top-down socks:

cast on 24 (32), divide equally among the needles. join, being careful not to twist.

6 (10) rnds: \*k2, p2. repeat from \* around.

k around until leg is desired length from to top of heel

redistribute sts:

*smaller sizes:*

ndl1 (instep): 12, ndl 2 (sole): 6, ndl 3 (sole): 6

*larger sizes:*

ndl1 (instep): 16, ndl 2 (sole): 8, ndl 3 (sole): 8

## heel flap:

*cute worked in a contrasting color!*

knit across ndl 1, heel flap will be worked on ndls 2/3.

row 1: \*sl 1, k1. repeat from \* across.

row 2: \*sl 1, p1. repeat from \* across.

work these two rows until you have 12 (16) heel flap rows. heel flap should be close to square. end having worked a purl row.

## turning the heel:

1: k7 (9), k2tog TBL, k1, turn

2: sl1, p3, p2tog, p1, turn

3: sl1, k4, k2tog TBL, k1, turn

4: sl1, p5, p2tog, p1, turn

continue in progression until all sts have been worked. 8 (10) st remain. clip CC, if using.

## gusset:

with MC, k 4 (5) sts (center of the heel)

using a spare ndl, knit across the remaining heel sts. Pick up and k 6 (8) sts from the side of the heel flap and knit one st in the gusset corner (Ndl 1).

k across Ndl 2 (instep).

with Ndl 3 pick up and knit one st in the gusset corner and then pick up and k 6 (8) sts from the side of the heel flap. knit the remaining heel sts.

st count:

smaller sizes: ndl 1: 11, ndl 2: 12, ndl 3: 11

larger sizes: ndl 1: 14, ndl 2: 16 ndl 3: 14

## gusset decrease:

rnd 1:

ndl 1: (sole) k to last 3 sts, k2 tog, k1.

ndl 2: (instep) k across.

ndl 3: (sole) k1, ssk, k to end.

rnd 2: k around

repeat these 2 rnds until total sts equals 24(32). transfer sts as necessary to return to original st placement.

**ndl 1:** 12 (16) **ndl 2:** 6 (8) **ndl 3:** 6 (8)

## sock foot:

work in stockinette until the length of the sock (from the back of the heel) is 1 1/2" to 2", or to desired length less 1/2" (3/4") for toes.

## shape toe and finishing:

*cute worked in a contrasting color!*

rnd 1:

ndl 1: (instep) k1, ssk, k across to last 3 st, k2tog, k1.

ndl 2: (sole) k1, ssk, k to end.

ndl 3: (sole) k to last 3 sts, k2 tog, k1.

rnd 2: k around

repeat rnds 1 and 2 until there are 6 (8) sts remaining on both instep and sole.

weave toe sts together using a Kitchener stitch. weave in and clip all yarn ends.

## Prefer to knit these socks using circular needles?

Easily make the conversion by placing the sts from Double Point1 onto Circular 1, then sts from Double Points 2 and 3 onto Circular 2.

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