

Just Your Basic Baby Socks

for preemies - toddler

(adjustments for larger sizes appear in parenthesis)

needed:

baby yarn:

size: medium/large preemie
2.0 mm (US 0) dpns
1/4 oz baby yarn
gauge: 19 st/25 r = 2"

DK yarn:

size: newborn/3 months
2.75 mm (US 2) dpns
1/2 oz dk-weight yarn
(gauge: 17 st/20 r = 2")

worsted weight yarn:

size: toddler
4.25 mm (US 6) dpns
1 oz worsted weight yarn
gauge: 9 st/12 r = 2"

all yarn requirements
are approximate

needle size may need to be adjusted
in order to achieve gauge

yarn in photo: Bernat Baby Softee (white)/Paton's Astra (multi)



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abbreviations:

dpns : double point needles
incr : make a new stitch using an Simple Cast On (backwards "e" or thumb cast on)
k: knit
k2tog: knit 2 stitches together as one

ndl(s): needle(s)
p: purl
p2tog: purl 2 stitches together as one
rnd(s): round(s)
sl X: slip X stitch(es), purlwise and with yarn in back, unless otherwise noted

ssk: slip 2 stitches, separately and knitwise, then knit them together through their back loops
st(s): stitch(es)
TBL: through back loops
W&T: wrap & turn

toe-up socks:

cast on 12 (16) sts (6 (8) on each of two ndls).

EASY CLOSED END CAST ON: hold the 2 ndls parallel to each other. use a Simple Cast on, placing one st on the left, the 2nd on the right and so on.

1: k around. first row only, split sts onto 3 ndls 6/3/3 (8/4/4)

2: **ndl 1:** k1, inc 1, k to last st, inc 1, k1
ndl 2: (sole): k1, inc 1, k across
ndl 3: k to last st, inc 1, k1

repeat rnds 1 & 2 until there are a total of 24 (32) sts on the ndls --

ndl 1: 12 (16) **ndl 2:** 6 (8) **ndl 3:** 6 (8)

3: knit 10 (15) rnds, or to desired length minus about 1/2" (1" for toddler sizes) for heel.

short row heel

1: k across ndl 1. k across ndls 2 & 3 until last st. Bring yarn to front as if to purl, then slip st. (1 wrap created -- on purl rows, take yarn to back as if to knit before slipping st). Turn.

(remainder of heel will be worked on sole ndls only)

2: slip just-wrapped stitch. p across sts to last st. W&T.

3: slip just-wrapped stitch. k next 9 (13) sts. W&T.

4: slip just-wrapped stitch. p next 8 (12) sts. W&T.

continue in progression, working one less k or p each turn, until 6 (8) sts remain unworked in the center

heel turning:

1: slip just-wrapped stitch. k 6 (8), W&T (wrapped st will have 2 wraps)

2: slip just-wrapped stitch. p 6 (8), W&T, turn.

3: slip just-wrapped stitch. k 7 (9), W&T, turn.

4: slip just-wrapped stitch. k 8 (10), W&T, turn continue in progression, working one more k or p each turn, until all heel sts have been worked.

leg/finishing:

knitting on all ndls again, knit 2 rnds. You may want to redistribute the sts at this time
ndl 1: 8 (10) ndl 2: 8 (12) ndl 3: 8 (10)

work in stockinette (knit all rnds) until leg is desired length minus 1" (2" for toddlers)

work 6 rnds (12 for toddler sizes) of k2, p2 ribbing.

cast off in ribbing.

top-down socks:

cast on 24 (32), divide equally among the needles. join, being careful not to twist.

6 (10) rnds: *k2, p2. repeat from * around.

k around until leg is desired length from to top of heel

redistribute sts:

smaller sizes:

ndl1 (instep): 12, ndl 2 (sole): 6, ndl 3 (sole): 6

larger sizes:

ndl1 (instep): 16, ndl 2 (sole): 8, ndl 3 (sole): 8

heel flap:

cute worked in a contrasting color!

knit across ndl 1, heel flap will be worked on ndls 2/3.

row 1: *sl 1, k1. repeat from * across.

row 2: *sl 1, p1. repeat from * across.

work these two rows until you have 12 (16) heel flap rows. heel flap should be close to square. end having worked a purl row.

turning the heel:

1: k7 (9), k2tog TBL, k1, turn

2: sl1, p3, p2tog, p1, turn

3: sl1, k4, k2tog TBL, k1, turn

4: sl1, p5, p2tog, p1, turn

continue in progression until all sts have been worked. 8 (10) st remain. clip CC, if using.

gusset:

with MC, k 4 (5) sts (center of the heel)

using a spare ndl, knit across the remaining heel sts. Pick up and k 6 (8) sts from the side of the heel flap and knit one st in the gusset corner (Ndl 1).

k across Ndl 2 (instep).

with Ndl 3 pick up and knit one st in the gusset corner and then pick up and k 6 (8) sts from the side of the heel flap. knit the remaining heel sts.

st count:

smaller sizes: ndl 1: 11, ndl 2: 12, ndl 3: 11

larger sizes: ndl 1: 14, ndl 2: 16 ndl 3: 14

gusset decrease:

rnd 1:

ndl 1: (sole) k to last 3 sts, k2 tog, k1.

ndl 2: (instep) k across.

ndl 3: (sole) k1, ssk, k to end.

rnd 2: k around

repeat these 2 rnds until total sts equals 24(32). transfer sts as necessary to return to original st placement.

ndl 1: 12 (16) **ndl 2:** 6 (8) **ndl 3:** 6 (8)

sock foot:

work in stockinette until the length of the sock (from the back of the heel) is 1 1/2" to 2", or to desired length less 1/2" (3/4") for toes.

shape toe and finishing:

cute worked in a contrasting color!

rnd 1:

ndl 1: (instep) k1, ssk, k across to last 3 st, k2tog, k1.

ndl 2: (sole) k1, ssk, k to end.

ndl 3: (sole) k to last 3 sts, k2 tog, k1.

rnd 2: k around

repeat rnds 1 and 2 until there are 6 (8) sts remaining on both instep and sole.

weave toe sts together using a Kitchener stitch. weave in and clip all yarn ends.

Prefer to knit these socks using circular needles?

Easily make the conversion by placing the sts from Double Point1 onto Circular 1, then sts from Double Points 2 and 3 onto Circular 2.

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